

*The Memory of You*, Catherine West

This is the first book I have read by Catherine West. I am sure I had read a recommendation from someone before picking it up as it would not have been a typical read for me. However, the back cover drew me in with the discussion of the complex family dynamics created by three generations of strong people driven to compete and succeed in their own businesses. Woven into the story are mental health struggles, sibling issues, and coming to term with life changing events.

Natalie leaves her home in New York to visit her grandfather on the West Coast. Her father had sent her there, supposedly to visit his father Hal, but hoping Natalie will shut down Hal's winery. Natalie is struggling to avoid another nervous breakdown. Not feeling strong enough to tell her father no, Natalie flies west, very aware she is returning to the place that harbors her biggest heartache and secret. Natalie's twin, Nicole, was killed in an accident on Hal's ranch the last time they had been there.

Tanner Collins is now in charge of the winery operations. He's a far cry from the lanky fifteen-year-old Natalie remembered. Tanner has many issues of his own to deal with, including his fear that Natalie is there to close down the winery and end his career.

For Natalie, Tanner, and their families, freedom to move ahead will only come when they face the secrets of the past.