Saving Grayson by Chris Fabry

Grayson Everett Hayes is sitting in his garage as the novel opens, with a nail gun in his hand. He can't remember why. Grayson is suffering from Early-Onset Dementia, and he knows it – sometimes. This is, of course, very troubling, but even worse is a recurring dream he has been having. He suspects there was a murder or some other great wrong done, and that he was a witness. He must investigate it and make it right before he totally loses the details that he can recall.

Not surprisingly, his wife Lotty is not in favor of this trip, especially when he says he must go alone. Yet she eventually agrees, providing that he allows Josh Chambers to be his traveling companion. This is hard for Grayson to fathom, given that Chambers is African-American, and Lotty knows that her husband doesn't "get along with his kind." But the trip is too important – Grayson won't argue the details.

The misadventures that ensue are both amusing and heartbreaking, as Grayson's memory fades in and out. The plot twists and turns, as Grayson and Josh begin to confront the past he had chosen to forget and try to right the wrongs that he may have done, both knowingly and unknowingly. A good read for those who have experience with a loved one with Alzheimer's – and for the others as well, who may encounter the disease sometime in their future.