

*Ready for Anything: Preparing Your Heart and Home for Any Crisis Big or Small*, Kathi Lipp

Kathi is the author of several books, including *Clutter Free*, *The Husband Project* and *Overwhelmed*. In addition to writing, Kathi is the host of *Clutter Free Academy* podcast, and a national speaker. In her newest book, *Ready for Anything: Preparing Your Heart and Home for Any Crisis Big or Small* Kathi tackles the challenge of being prepared.

What timing! This book was published early in 2020, so it was obviously written before COVID-19 became a household word. The practical information Kathi provides addresses many kinds of challenges, but it really resonates right now as we recognize how dependent we are on the easy availability of money (ATM), food, technology and fuel. Lipp quickly states she is not a survivalist, but having been through a near-house fire, numerous earthquakes, power outages and those small disasters we all hate (like dead car batteries), Lipp decided in her own life it was time to come up with a plan that was reasonable AND able to relieve some of the stress when crisis struck.

Chapter titles like “Create an Emergency Binder”, “Take a Financial Inventory”, “Make a Water Plan”, “Prep for Pets”, and “Gather Your Tools” gives you a feel for the practical nature of this book. While most of us have some strategies in mind, having a guide that covers all areas is helpful and makes this a book that can bring the conversation to the dinner table at any household.