

## **Me and my amazing body**

Author: Joan Sweeney

Source: EPLD Children's Department

I've always been endlessly fascinated with health and the human body/anatomy. This children's book, 'Me and my amazing body,' is a great introduction to the human body for little minds. It colorfully animates the structure and parts of the body to engage young readers. And in the end, it provides a full length picture of how our amazing body's connects everything together to make every individual unique. It even includes 'amazing body facts' at the back of the book. Perfect for young children, this book is one of half a dozen 'Me....' books by Joan Sweeney covering everything from the body to your family tree to your place on the map.