

***It's Never Too Late* by Kathie Lee Gifford**

In her newest book, a memoir, Kathie Lee Gifford reflects on what happens when you decide to “refire, not retire”. Written by one who is an eternal optimist, this quick read brings to mind some of the more difficult moments Gifford has faced in over 30 years of putting her face, voice and life out in front of the public on often a daily basis.

Many of us probably remember the hijinks of Gifford’s years on the popular talk show, “Live! With Regis and Kathie Lee” or watched the fourth hour of the Today show with Gifford and Hoda Kotb. In this memoir, Gifford pulls out a few of her favorite memories, but spends most of her words inspiring others to find ways to stay involved with life and appreciate the joys along the way when the changes and challenges happen. A recent quote by her wraps up this philosophy so well.

“Sometimes the past is not your favorite place to visit,” Gifford says. “But I can look back on things with a deeper wisdom now, and if I can share that with people and it helps them, then it’s worth it.”