

*I'll Be Seeing You* by Elizabeth Berg

Elizabeth Berg is an Illinois author, having published over twenty-five fiction and non-fiction titles. *I'll Be Seeing You* is Berg's latest non-fiction release, a memoir sharing the bittersweet ending of her parent's final years.

None of us truly understand the depths of the emotions involved until we are there, but as Berg writes, watching your strong, self-disciplined father slowly slip into dementia and his beloved wife change into a sad, depressed spouse is heartbreaking. Berg shares the hard transition of moving her parents from their cherished home into a facility that would provide more help.

This is a story most of us will write at some point in life as our parents, siblings, and we ourselves age and find we need help making the transition to old age. And while few of us want to think ahead to such times, reading about how others handle the emotions and discussions can be useful.