

***Extreme Ownership: How US Navy Seals Lead and Win* by Jocko Willink and Leif Babin**

Extreme Ownership is a leadership book that introduces you to former Navy Seals, Jocko Willink and Leif Babin. They recount the lessons learned in their combat experience while serving in Iraq. Through their firsthand accounts of victories and losses, we learn that leadership, at every level, is the most important factor in whether a team succeeds or fails. The two share these lessons with us in the book on how to become a high performance team at work or in our own lives. Discipline, admitting mistakes, taking extreme ownership and developing a plan will help overcome daily challenges. These soldiers believe in getting up at 4:30 to beat the enemy and after this book, you will too.