

## ***Busy Betty* by Reese Witherspoon**

Betty is always very busy. She has a hard time sitting still and she often has so many ideas that she gets distracted by everything, which results in big messes.

Betty's best friend Mae is coming over, and when Betty gives her dog, Frank, a hug, she realizes that he really needs a bath. Betty doesn't want Mae to think she has the smelliest dog in the world! So she decides to wash Frank herself. But giving Frank a bath is harder than she thought, especially when she keeps getting distracted with new great ideas. However, with Mae's help, Betty learns that with a great idea and a friend to help her keep focused, absolutely anything is possible!

I saw *Busy Betty* come through the return pile and just KNEW I had to read it. It's absolutely adorable! As someone recently diagnosed with ADHD, I felt like the book was describing my childhood, even though it never actually said that's what it was addressing. Even if that wasn't the author's intent, I think the book depicted the many ideas and easily distracted attitude of the ADHD mind very accurately. Also, it was just plain cute! Betty is very likable, colorful, and fun! She's bouncy and whimsical and full of character, and she's sure to steal the heart of anyone who reads about her.