

***Aquanaut: A Life Beneath the Surface - The Inside Story of the Thai Cave Rescue* by Rick Stanton**

Like most people around the world, I remember hearing a bit about the Thai cave rescue when it happened nearly five years ago. As often occurs, though, we move on with our lives and that story, though monumental, fades away.

Reminded of the rescue by a podcast I recently listened to, I wanted to learn more about what brought the 13 boys into that cave that day, and how they managed to all make it out alive nearly three weeks later.

Aquanaut was written by one of the main rescuers at Tham Luang, British diver Rick Stanton. Stanton weaves a detailed account of the rescue in with his own history - how he came to be one of the world's leading cave divers. This unassuming retired firefighter has spent decades diving in caves all over the world. What started as a hobby in college turned into a passion. With his skill level achieved through the years, Stanton began being called upon to help with the unfortunate reality that comes with cave diving: rescuing.

This book was a fascinating look into a sport that many do not know exists, as well as an account of a rescue that shocked the world over.

I also recommend the podcast *Against the Odds* and the movie *Thirteen Lives*.